

# Are You Cyber-Ready?

A Practical Cyber Threat Readiness  
Checklist for UK Organisations



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# 1. Identity Theft Protection & Account Takeover Prevention

Identity compromise is now one of the primary entry points for phishing, ransomware and data breaches. This section assesses how well your organisation can **prevent, detect and respond to identity-based attacks**.

## 1.1 Credential Protection

- Strong password standards enforced across all systems
  - Password reuse prevented across corporate services
  - Password managers approved and encouraged
  - Shared or generic accounts eliminated
  - Service account credentials securely stored and rotated
  - Default credentials removed from all systems and devices
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## 1.2 Compromised Credential Monitoring

- Automated alerts for exposed usernames or passwords
  - Coverage includes corporate, cloud and third-party services
  - Clear process for validating and responding to credential leaks
  - Credentials rotated immediately following exposure
  - Identity compromise metrics tracked and reviewed
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## 1.3 Compromised Credential Monitoring

- Multi-Factor Authentication enforced for all users
- MFA enforced for administrators, remote access and cloud services
- Phishing-resistant MFA used for high-risk accounts where possible
- Conditional access based on device, location or risk level
- Legacy authentication protocols disabled
- Adaptive authentication challenges triggered for risky sign-ins

#### 1.4 Account Takeover (ATO) Detection

- Monitoring for abnormal login patterns
  - Detection of impossible travel or unusual geolocation activity
  - Alerts for excessive failed login attempts
  - Brute-force and credential-stuffing protections enabled
  - Detection of unusual session duration or activity spikes
  - Automated containment actions for suspected ATO
  - High-risk identity activity prioritised for investigation
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#### 1.5 Privileged Identity Protection

- Privileged accounts clearly identified and documented
  - Privileged access restricted to named individuals
  - Just-in-time or time-limited admin access enforced
  - Privileged sessions monitored and logged
  - Alerts for privilege escalation attempts
  - Regular privileged access reviews conducted
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#### 1.6 User Behaviour & Identity Analytics

- Baseline user behaviour established
  - Monitoring for unusual access to data or systems
  - Alerts for abnormal downloads or data exfiltration
  - Identity signals correlated with endpoint and network activity
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#### 1.7 Identity Incident Response

- Identity-related incidents included in the Incident Response Plan
- Clear ownership for identity security incidents
- Defined procedures for account lockout and recovery
- Rapid credential reset and token revocation processes
- Forensic investigation procedures documented
- Identity incidents included in post-incident reviews

## 1.8 Staff Awareness & Identity Hygiene

- Staff trained to recognise identity-based attacks
  - Guidance provided on secure password practices
  - Training includes MFA fatigue and push-bombing attacks
  - Clear reporting process for suspected account compromise
  - Regular refresher training delivered
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## 1.9 Third-Party & Supply Chain Identity Risk

- Third-party access accounts clearly identified
  - Supplier access restricted to minimum required privileges
  - MFA enforced for third-party users
  - Regular review of supplier and contractor access
  - Immediate removal of access upon contract end
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## 1.10 Identity Threat Detection & Response (ITDR) Maturity

- Identity security monitored continuously
- Identity alerts integrated into SOC workflows
- Automated response playbooks in place
- Identity telemetry retained for investigation and compliance
- Regular testing of identity attack scenarios
- Alerts for leaked or reused passwords
- Controls to detect account takeover attempts
- Conditional access policies based on risk, location or device
- Brute-force and credential-stuffing protections enabled
- User login behaviour monitored for anomalies
- High-risk sign-ins blocked or challenged
- Rapid credential reset and account recovery procedures defined
- Identity-related incidents included in the Incident Response Plan

## 2. Strategy, Governance & Risk Management

- Cyber security strategy aligned to business objectives
- Cyber risk discussed at board or senior management level
- Named individual accountable for cyber security
- Information security policies documented and reviewed annually
- Clear escalation paths and decision-making authority defined
- Cyber insurance in place and reviewed against current threat landscape
- Supplier and third-party cyber risk assessments performed
- Data classification scheme in place
- Regular risk assessments conducted and documented

## 3. Phishing & Social Engineering Defence

- Advanced email filtering and threat protection enabled
- SPF, DKIM and DMARC configured and monitored
- External email tagging enabled
- MFA enforced for email and cloud services
- Regular phishing simulations conducted
- Security awareness training delivered at least annually
- Staff trained to recognise business email compromise (BEC)
- Clear and simple process to report suspicious emails
- Reported phishing emails investigated and acted upon

## 4. Endpoint, Server & Device Security

- Endpoint Detection & Response (EDR/XDR) deployed
- Endpoints monitored continuously
- Anti-malware and exploit protection enabled
- Automatic patching for operating systems
- Application patching processes in place
- Unsupported or legacy systems identified
- Encryption enabled on laptops and mobile devices
- USB and removable media controls enforced
- Mobile Device Management (MDM) in place where required

## 5. Ransomware Resilience & Data Protection

- Regular backups of critical systems and data
- Offline or immutable backups maintained
- Backup scope covers cloud, SaaS and on-prem systems
- Backup restoration tested regularly
- Clear ransomware response procedures documented
- Network segmentation implemented
- Lateral movement controls in place
- File integrity monitoring enabled for critical systems

## 6. Network & Cloud Security

- Firewalls and network security devices correctly configured
- Secure remote access (VPN or zero-trust) enforced
- Network traffic monitored for suspicious activity
- Cloud security configurations reviewed regularly
- Logging enabled across cloud platforms
- Default credentials removed
- Secure configuration baselines applied
- Regular vulnerability scanning conducted

## 7. Insider Threat Management

- Role-based access enforced across systems
- User activity monitored for anomalous behaviour
- Alerts for excessive downloads or data access
- Acceptable use policies communicated to staff
- Data loss prevention (DLP) controls in place or planned
- Strong joiner, mover and leaver processes
- Access removed immediately upon employee exit
- HR and IT coordination formalised

## 8. Monitoring, Logging & Threat Detection

- Centralised logging across endpoints, servers and cloud
- Logs retained in line with compliance requirements
- Security alerts configured for high-risk events
- Threat intelligence feeds in use
- Continuous or 24/7 security monitoring in place
- Security Operations Centre (SOC) capability available
- Alerts triaged and responded to in defined timeframes

## 9. Incident Response, Legal & Compliance

- Incident Response Plan includes cyber-specific scenarios
- Table-top or live incident exercises conducted
- Legal and regulatory obligations documented
- ICO breach notification process defined
- Evidence preservation procedures in place
- Communication plans for staff, customers and suppliers
- Third-party forensic support identified in advance

## 10. Business Continuity & Recovery

- Business Impact Analysis completed
- Recovery Time Objectives (RTO) defined
- Recovery Point Objectives (RPO) defined
- Disaster Recovery plan documented and tested
- Critical suppliers included in continuity planning
- Post-incident reviews conducted
- Lessons learned fed back into security controls

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